



# Impact Report

The mission of Global Midwife Education Foundation (GMEF) is to reduce maternal and infant mortality and morbidity in rural areas of the developing world. These isolated and hardworking communities are afflicted with poverty, contaminated water sources, and lack of medical care. All of which contribute to illness, malnutrition, and preventable death for far too many children and their family members.

## IMPACT SNAPSHOT 2012-2023

1,862

Bathrooms constructed  
in homes and schools

2,376

Healthcare providers  
trained

34

Birth rooms  
equipped/built in rural  
areas



1,397

Families provided with  
clean water source

2,151

Women provided  
with contraception

100+

Participants in the 3-  
year Community Health  
Worker Program



# CLEAN WATER & SANITATION

**The United Nations considers access to clean water to be a universal human right.**



Many communities do not have access to clean water sources. Having to use contaminated water sources exposes children and pregnant women to bacteria, viruses, parasites, and toxic chemicals and heavy metals that cause malnutrition and chronic illness.



Scan the QR code to learn more about the impact of dirty water on infants

## **Access to clean water**

- Significantly improves child survival rates.
- Reduces malnutrition caused by frequent illness and parasite infection.
- Allows women to enter pregnancy with better health and improves their likelihood of survival.
- Is key to breaking cycles of poverty and poor health as it reduces malnutrition and protects developing brains from damage caused by heavy metal contamination, helping kids stay in school and reach their full potential.





# COMMUNITY HEALTH WORKERS

## Health literacy & women's empowerment



A promotora learns how to care for sick babies, she'll take these skills back to her community

The promotora program provides rural women with three years of community-based education on critical health topics. These women become a trusted resource for the communities and facilitate discussion around difficult topics like birth control, domestic violence, poverty, and malnutrition and support communities to generate local, community-based solutions.



Scan the QR code to see what what the promotoras learn during their training

**BREAKING NEWS**

GMEF is launching **three** new promotora programs in some of the most remote and impoverished regions of South America in the Fall of 2024.



Women eagerly learn about the root causes of illness and when it's important to get medical help





# MATERNITY CARE

CAPACITY BUILDING IN EMERGENCY  
OBSTETRIC CARE

**Bolivia has some of the worst maternal and infant mortality rates in all of the Americas, especially in the rural areas where access to care is extremely limited.**

***Globally, one woman dies from pregnancy and birth related complications every two minutes***

***Most of these deaths are PREVENTABLE***



## SOLUTIONS

GMEF works with the Ministry of Health to train & equip midwives, nurses, and physicians to provide respectful & culturally appropriate obstetric care that saves women's lives



**Healthcare providers often have little training specific to childbirth emergencies and rarely have the medicine and equipment they need to manage complications when they arise.**

This woman had to walk for days, while in labor, to reach care. Equipping local providers improves access to care when women need it most.

# FAMILY PLANNING

*The COVID-19 pandemic exacerbated healthcare resource limitations for women. In particular, limited contraceptive access in rural Bolivia led to a significant rise in teen pregnancies.*



Access to birth control helps keep young women in school



Dr. Reid teaches local providers how to insert birth control implants

**GMEF partners with rural health centers by providing birth control supplies and training providers in their use.**

## DID YOU KNOW?

- ✓ Closely spaced pregnancies increase the risk of maternal and infant mortality, malnutrition, and poverty.
- ✓ In Bolivia, nearly 1 in 10 adolescent girls become pregnant and almost half have unmet contraceptive needs.





# Join us!

Your donations make it possible for GMEF to continue with and expand its programs. Join us in reducing suffering and saving lives!

## WHAT YOUR GENEROSITY CAN ACCOMPLISH

*\$ 20*

Provide 5 years of birth control for one woman

*\$ 1,000*

Build two school bathrooms

*\$ 5,000*

Construct a rural birth center



*\$ 500*

Train and equip one rural health center in emergency maternity care

*\$ 2,500*

Fund a water project for one rural community

*\$ 10,000*

Sponsor a 3-year promotora training program for a rural community